

Alex And The Scary Things A Story To Help Children Who Have Experienced Something Scary



Alex And The Scary Things

Alex and the Scary Things: A Story to Help Children Who Have Experienced Something Scary [Melissa Moses, Alison MacEachern] on Amazon.com. *FREE* shipping on qualifying offers. Alex is an alligator who has experienced 'scary' things. In this charmingly illustrated story, he talks about how this affects him and how he copes. By reading about the different parts of Alex that come out because of ...

Alex and the Scary Things: A Story to Help Children Who ...

Alex and the Scary Things explains simple and effective coping strategies such as the 5-4-3-2-1 game in a playful and approachable way. This book can jumpstart conversations both with children who have experienced 'scary things' and with any child who is trying to make sense of challenging emotions.

Alex and the Scary Things: A Story to Help Children Who ...

This is the story of Alex who has experienced 'scary things', and the different things he does to cope with all the ways these scary things make him feel.

Alex and the Scary Things: A Story to Help Children Who ...

From the Cover of Alex And The Scary Things: A Story to Help Children Who Have Experienced Something Scary by Melissa Moses: "Alex is an alligator who has experienced 'scary' things. In this charmingly illustrated story, he talks about how this affects him and how he copes.

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Alex is an alligator who has experienced 'scary' things. In this charmingly illustrated story, he talks about how this affects him and how he copes. By reading about the different parts of Alex that come out because of the scary things he has experienced, such as The Destroyer when he is angry, Spac...

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